



“O Church, Arise”
Ephesians 4:1-16
May 16, 2021

Questions for Application and Fellowship

MY STORY

1. What are some of the challenges and conflicts experienced between Christians in southern California today?

QUICK REVIEW

After rejoicing in God’s glorious call to salvation through Jesus Christ in Ephesians 1-2, Paul addresses local church concerns in Ephesians 4. God was bringing believing Jews and Gentiles into a single body in Christ. Jews and Gentiles, with their vast cultural differences and background of mutual hostility, were now to gather together in communities of peace worshipping Jesus together. So are the believers in southern California.

Read Ephesians 4:1-16

1. Let’s rise in _____ (4:1-6)
2. Let’s rise with _____ (4:7-10)
3. Let’s rise to _____ (4:11-16)

Was any point in this weekend’s message or portion of Scripture particularly challenging, encouraging or helpful for you?

Why did God want you to hear this message now?

DIGGING DEEPER

1. God's grace is the source of all we read in Ephesians 4. Look back to chapter 1. In the original Greek, Ephesians 1:3-14 is a long run-on sentence of joyful, overflowing praise to the Lord. Read the text with a special attention to the great gladness of Paul's heart. What does Paul praise God for?
2. Reflecting on your walk with Christ, when have you had the most profound moments of praise and worship? How often does great joy well up from your heart? When?
3. What are the "graciousness qualities" listed in Ephesians 4:2? When are they most difficult for you to carry out? Reflecting on 4:1-6, what is the power source of these qualities?
4. Ephesians emphasizes unity, peace and a high, worship-stirring view of Jesus Christ. What's the connection between all those experiences?
5. Reflect on Colossians 3:12-14. We are called to both forbearance and forgiveness. How might we distinguish between the two? When have you had to practice either of these qualities? When has someone had to practice them with you? Perhaps now?