

## **“CALM IN THE CHAOS”**

Psalm 4 w/ Steve Sturz

June 13, 2021

Questions for Application and Fellowship

### **MY STORY**

1. This Sunday’s message is “Calm in the Chaos.” Which of those two words describes life for you of late? Calm or chaos? Why?

### **QUICK REVIEW**

#### **Read Psalm 4**

Was any point in this weekend’s message or portion of Scripture particularly challenging, encouraging or helpful for you?

Why did God want you to hear this message now?

## DIGGING DEEPER

1. The people of God seek Him for relief in their distress. That distress often comes from other people. What evidence of that is found in this Psalm? How about in your life?
2. This Psalm emphasizes our state of mind in bed at night. Often our troubles follow us there. When has that been the case in your life? On the other hand, when do you find yourself restful through the night?
3. Reflecting carefully on this Psalm, how is God the source of peace of mind—calm even in the midst of chaos?
4. According to Psalm 4:3, the Lord has set apart the godly for Himself. Reflecting on Ephesians 1:3-10, how has God done this? How does this encourage you this week?