



“Our Merciful Most High God”

Psalm 57:1-11

June 14th, 2020

Questions for Application and Fellowship

MY STORY

1. Do you enjoy being in “the great outdoors”? Have you ever gone exploring caves?

QUICK REVIEW

David wrote this Psalm hiding in a cave from the obsessed King Saul. But David had a more secure refuge still. His prayer of faith is recorded in Psalm 57.

Read Psalm 57

How do we take refuge in God Most High?

1. Take refuge in the _____ of God (V.1).
2. Take refuge in the _____ of God (Vv.2-6).
3. Take refuge in the _____ of God (Vv.3; 9-10).

Was any point in this weekend’s message particularly challenging, encouraging or helpful for you?

Why did God want you to hear this message now?

DIGGING DEEPER

1. This Psalm speaks of the damage human beings do with the capacity for speech. What imagery is used to convey that? Have you ever been trampled or downcast as a result of the speech of others? When have you done damage to others in this way? How can the heart heal, according to this Psalm?
2. Finding refuge in God means actually calling out to Him in prayer. Read James 1:5-8. How is the condition of your prayer life? Do you find it to fluctuate with times of peace and times of trouble?
3. Finding refuge in God is easier when we know His character, that He is merciful and faithful. How do you think David became convinced of this? How do you go about learning God's nature and ways? What theological materials are you reading, watching, or listening to?
4. In the latter portion of this Psalm, we find that the soul taking refuge can sing praise during times of distress. Have you experienced this? What are some songs that have helped you in hard times?