



## "Lead Me to the Rock"

Psalm 61:1-8

June 21<sup>st</sup>, 2020

Questions for Application and Fellowship

### MY STORY

1. Psalm 61 is David's cry from "the end of the earth." In fact, he may have only been a few dozen miles from Jerusalem. When have you felt "far from home" and distant from all things that bring you stability and peace?

### QUICK REVIEW

Psalm 61 was likely written by David during Absalom's rebellion. David son, Absalom, drove him from Jerusalem in the attempt to overthrow his reign and assume his throne. David was exiled from his home and alienated from his family. During this time of distress, he was led to the rock of his salvation.

### Read Psalm 61

#### A Godly Prayer for Troubled Times

1. The \_\_\_\_\_ (Vv.1-2).
2. The \_\_\_\_\_ (Vv.2-5).
3. The \_\_\_\_\_ (Vv.6-8).

Was any point in this weekend's message particularly challenging, encouraging or helpful for you?

Why did God want you to hear this message now?

## DIGGING DEEPER

1. Psalm 61 is the faint-hearted cry of King David. We often think of leaders as lion-hearted, not faint-hearted. Does it surprise you that a “man’s man” warrior king like David experienced this? Have you ever experienced this kind of internal exhaustion?
2. Read II Thessalonians 5:14-16. How should members of the local church minister to the faint-hearted? How does that differ with the way the minister to “the unruly” or “idle” in the verse? Is it ever tempting to get our ministry responsibility to the fainthearted crossed up?
3. The language of refuge is used twice in Psalm 61, each time providing a different picture. What are those two pictures and how do they differ and complement each other?
4. Like David, we need to take refuge in Christ through the painful experiences of life. But there is an ultimate way each sinner needs the shelter of Jesus Christ. Read I Thessalonians 1:9-10, 5:9-10. What do we need to be protected from? Have you believed this? How can you explain this core gospel truth to the people in your life?
5. How does the familiar Psalm 23 compare as a follow up to Psalm 61?